1. Why Carry a Tactical Pen?

A tactical pen is like a writing tool that went through special forces training. These self-defense tools have a sharp, reinforced tip. That makes them suitable for striking, jabbing, and making anyone who messes with you wish they'd stayed home.





2. Get a Grip

Before you start wielding your pen like a pro, you've got to learn how to hold it.

There are two main grips for the tactical pen technique: the hammer grip, holding your pen like you'd grip a hammer, firm and ready to strike, and the ice pick grip, the tip pokes out the top of your hand.

Perfect for overhead jabs in tight quarters.

3. Aim for the Tender Spots

Once you've got your grip down, it's time to pick your targets. Aim for the squishy spots: temples, nose, collarbone, ribs, or inner thighs. Avoid heavily muscled areas like the chest. Your pen's bark won't bite as well there. Instead, focus on soft tissue and joints.





4. Block, Trap, and Jab Back

Your tactical pen isn't just for jabbing your way out of trouble. It's also handy for defensive plays. You can use it to block strikes, press into pain points, or trap a limb in a clever counter-move. If someone grabs your wrist, jab the pen into the web between their thumb and index finger, and apply pressure. They'll drop that grip and likely not try again.

5. Practice Until It's Second Nature

Let's face it: nobody becomes a tactical pen master by binge-watching action movies. Skill comes from repetition.

Practice grips, strikes, and transitions regularly. Shadow-train your responses or use a training dummy to get a feel for impact and accuracy.





6. Carry It Like You Mean It

You need to carry it where you can reach it fast. Clip it to your pants pocket, shirt collar, MOLLE gear, belt, or jacket breast pocket, or wherever gives you quick access without all the rummaging. Be stealthy, not showy. Don't advertise your pen as a weapon.

7. Know When to Strike and When to Walk Away If danger closes in and talking won't

cut it, your tactical pen gives you the leverage to turn the tables. Use it only when you feel physically threatened, and always know your local laws. Even a common EDC item like a tactical pen can fall under self-defense regulations depending on where you live.





8. The Sharpest Tool in Your EDC Kit

And when it comes to tactical advantages that don't have a blade or trigger, a
Benchmade pen or writing weapon from another respected maker is hard to beat.
It offers solid construction, sleek design, and the kind of performance you can count on when life gets dicey.

